



Mother Saraswati, Bless Me!!!

**Vasant Panchami is the day to attain
knowledge, wealth, health, love,
wisdom and youthfulness in life**

*Yaa Kundendu tushaara haaradhavalaa, Yaa shubhravastraavritha |
Yaa veenavara dandamanditakara, Yaa shwetha padmaasana | |
Yaa brahmaachyutha shankara prabhritibhir Devaisadaa Vanditha |
Saa Maam Paatu Saraswatee Bhagavatee Nihshesha jaadyaapahaa | |*

Vasant Panchami is the festival dedicated to Goddess Saraswati, who is the Goddess of **knowledge, language, music** and all sorts of **arts**. She is the wife of Brahma and symbolizes creative energy and power in all its form, including longing and love. This festival is also marked as the festival of **God Kama**, the

Hindu deity of love, by remembering the loved one particularly one's spouse or special friend, celebrating it with spring flowers. **Vasant Panchami is also remembered as the day when Mother Parvati approached Kama to wake up Shiva in Yogic meditation.**

Vasant Panchami is associated with the

emotions of love and emotional anticipation. Songs related to Krishna pranks with Radha, considered to mirror Kama-Rati, are sung. This is symbolized with the Hindu deity Kama with his wife Rati. **The Sanskrit word 'Kaam' is loosely translated into English as 'Desire'.** So, Kama Dev is the Hindu God of Desire or the equivalent of the Cupid from western

mythology. Presented below are Sadhanas related to both **Goddess Saraswati** and God Anang which should be performed by an individual for gaining **knowledge, beauty, love** and **harmony** in life. In other words, these Sadhana are the means by which a person can live **a complete and happy family life.**

Champion in Your Field

Saraswati, the Goddess of Learning has often been called as **Medha** in the ancient texts and in Jain literature. Still there is a bit of difference in **Saraswati Sadhana** and **Medha Sadhana**. The former only brings gain of knowledge while the latter also makes one perfect and practical in everyday life. A person who has perfected Medha Sadhana need not be an expert in **Vedic knowledge** or **knowledge** of the scriptures, but he sure shall be able to excel in the field that he has chosen in his life. Medha Sadhana is a Sadhana that bestows **intelligence, presence of mind, ability to make successful plans in seconds and achieve the desired success in them.**

One might be a chartered accountant, engineer, doctor, politician, high ranking officer, teacher, journalist or in any other vocation, this Sadhana comes as a boon and helps one develop and hone the skills that could make one unparalleled in one's field. For students desirous of good results in competitions too this Sadhana comes as a divine gift. It can help develop greater perspective, deep insight and power of concentration and capability of working hard for hours without tiring out.

Sadhana Procedure:

One needs **MahaSaraswati Medha Yantra, Eight Gomti Chakras and Kamalgatta rosary** for this Sadhana. Get up early on the day of Vasant Panchami and have a bath. Wear pure white clothes and sit on a white mat facing east. Take a wooden plank and cover it with fresh white cloth. Place a picture of revered **Gurudev**

and worship Him with **vermillion, rice grains, flowers etc.** Light a ghee lamp and an incense stick. Then chant one round of Guru Mantra with the **Kamalgatta rosary** and pray to **Gurudev** for **success in Sadhana.**

Now take a **copper plate** and place it in front of **Gurudev's picture**. Now draw an eight-petal lotus flower with vermillion on it. Then place one **Gomti Chakra** on each petal and worship them with **rice grains, yellow flowers, vermillion** etc. Now place **MahaSaraswati Medha Yantra** at the center of the lotus. Next chant **5 rounds** of the below mantra with **Kamalgatta rosary.**

Mantra

॥ *Om Ayeim Shreem Ayeim Kamalvasiney Namah* ॥

॥ ॐ ऐं श्रीं कमलवासिन्ये नमः ॥

Drop all the **Sadhana articles** in a river or pond after the Sadhana. This Sadhana is a **wonderful boon** from our **ancient sages** who devised such rituals for the benefit of common man, in fact, children and young people should be encouraged to try this Sadhana so that they can make great progress in their studies or sphere of work. Another specialty of this Sadhana is that power of both Goddess Saraswati and Goddess Lakshmi has been combined so that the Sadhak could progress not just academically but also materially. Such is the greatness of this Sadhana that on one end where it imparts knowledge to an individual, it also ensures that wealth is bound to follow after attaining this knowledge.

Sadhana Articles 680/-

Pleasurable Life

It is equally necessary to live a **happy married life too**. Consider the situation where there is no love in between **husband** and **wife** or if either of them are unable to satisfy the needs of other. Such a condition makes a family life equivalent to a hell. It is completely natural to feel **disappointed** and **dejected** if human body needs can't be fulfilled.

Presented here is a **brilliant Sadhana** which can be performed to get over such a situation in life and to live a **happy married family life**. All our sages got married and have lived a family life and all of them lived their household life with completeness. They never taught to become an ascetic and to run away from a family life and its **responsibilities**.

Sadhana Procedure:

One needs **Kaamdeva Rati Yantra** (*energized with Anang Mantra and with the attraction power of Urvashi*) which should be in the form of an amulet and **Divya rosary**. This Sadhana can be tried at any time of the day, however a time at night after **10:00 P.M.** is recommended. Take a bath and wear fresh white clothes. Place the yantra in a copper plate before

you and make a mark on it with a **vermillion** and **light an incense stick**. There is no need to light a lamp.

Next offer **11 rose flowers**, one by one, on the yantra chanting, "**Kaamdeva Rati Kriyaaya Namah**" mantra each time and then offer some water on the yantra **11 times** chanting the above mantra. Now chant **5 rounds** of the following mantra.

Mantra

**Om Kaamaayai Ratyai Anango Vada
Aakarshana Sammohanaaya Phat**

॥ ॐ कामायै रत्यै अन्गो वद आकर्षण सम्मोहनाय फट् ॥

Wear the **rosary** around your neck after completing the mantra chanting. Take few flower petals offered on the yantra and eat it as blessed food. Also drink some small quantity of the offered water six times. Wear the amulet around your neck or hands the next day. You will soon start to observe the benefits of this **Sadhana** in your body.

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Gain Eloquence

Who doesn't wish to become an eloquent speaker? May it be any field of life, a good speaker always emerges out to be the **winner**. We all go to grocery shop. How many of us would like to go to a grocery shop whose owner doesn't talk politely? On the other hand all of us like to go to the shop whose owner is witty and is a pleasure to talk. If by chance one happens to be in the field where eloquence counts the most then lack of eloquence could mean being left behind in the race. **What if you are a lawyer and you can't express your points? What if you are a politician and you can't speak in front of people?**

You may be very educated and possess a lot of knowledge, but the present age is conducive for a person who can express his views, who can give words to his thought and who can convince the people around. What is the use of such a knowledge which can't be understood by others?

Many often we see that people are able to crack the written examinations yet they mostly fail in an **interview**. The reason for this is they lack **the confidence to speak out in front of people**. It is equally important to understand that thoughts without words are useless. A person sitting at a very high authority especially needs to be a much better speaker because he has to deal with different types of persons and for each person, he needs to use different tactics.

We all know **Kalidas**. In his initial days he was an utter fool. He once tried to cut down the branch of the tree on which he was sitting. How come such a fool become so knowledgeable and an eloquent speaker in life, how come he became **the greatest poet** of this country. The reason behind this major transformation was the guidance of **Goddess Kali** who advised Kalidas to worship **Goddess Saraswati**. Kalidas did as was asked by the **Mother Goddess** and thus



emerged as one of the best writers of all time. His great tasks include **Meghdoot and Abhigyan Shakuntalam**.

If by chance one happens to be in the field where eloquence counts the most then lack of it could well mean being left behind in the race to the top. Eloquence is something that proves of enormous help in any field but if you are **a lawyer, a sales person, a politician or a leader of the masses, a teacher, a management Guru or a manager**, then without it you would be like a lion without its claws and fangs. In the world of Sadhanas, the deity who is associated with the gain of oratory skills is none other than the Goddess of learning and wisdom, **Mother Goddess Saraswati**. Many believe that She is worshipped only for success in education, however one could seek the divine help of the Goddess for becoming eloquent, ensuring honor, recognition and awards for one's efforts and even finding a good job. Here of course, we focus on **a Sadhana** that can make bestow the power of eloquence on those who find it hard to express themselves properly.

This is a very special Sadhana and it is said that Kalidas, who was a dull witted fool, was forced to do this very Sadhana by none other than Goddess Kali and he went on to become the greatest poet of all times composing timeless masterpieces like **Abhigyan, Shakuntalam** and **Meghdoot**.

Sadhana Procedure:

One needs **Saraswati VaakSiddhi Yantra** (in

form of an amulet), **Picture of Goddess Saraswati and Rock Crystal rosary** for this Sadhana. Get up early on the day of Vasant Panchami and have a bath. Wear pure white clothes and sit on a white mat facing east. Take a wooden plank and cover it with fresh white cloth. Place a picture of revered Gurudev and worship Him with **vermillion, rice grains, flowers** etc. **Light a ghee lamp and an incense stick**. Then chant one round of **Guru Mantra** with the **crystal rosary** and pray to Gurudev for **success in Sadhana**.

Place picture of **Goddess Saraswati** next to **Gurudev's picture** and then take a **copper plate** and place it in front of **Gurudev's picture**. Sprinkle some unbroken rice grains in it and place the yantra over it. Offer white flowers, **saffron, rice grains** and a **sweet** made from milk on the yantra. Next chant 11 rounds of the below mantra with **crystal rosary**.

Mantra

|| Om Shreem Shroom Shriyei Phat ||

|| ॐ श्रीं श्रूं श्रियै फट् ||

Wear the **amulet** around your neck the next day. Place the rosary in your worship place. If possible, chant one round of this mantra daily after the Sadhana. One should definitely chant one round of the above mantra on the day when their oratory skills are going to be the deciding factor. This Sadhana can also be tried on behalf of one's children. Soon you will find how people start taking a keen interest in your speeches.

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Mesmerizing Beauty

Beauty and **love** form the essence of life and everyone in the world wishes to experience these **two treasures**. These are the two elements that make life worth it and keeps a person feeling youthful and **energetic** even though one might have crossed **one's prime of life**.

Most people **mistake beauty for physical looks** and **love for passion**. One cannot do much about transforming the way nature has presented an individual to the world. Even cosmetics do little to make one look much attractive. But there sure are Mantras that could instil a strange hypnotic magnetism in one's personality that everyone could be drawn towards one like a piece of iron pulled by a magnet. These are the Mantras that make beauty spring from within and the transformation could be too subtle too notice by the naked eye but without doubt the effect is simply amazing.

I have known revered **SadGurudev** to have gifted this **ritual** and **mantra** to many desperate individuals and each of them benefitted tremendously from it. One particular girl I remember was so disillusioned by her looks and the way other ignored her that she even tried to commit suicide! Luckily, a disciple of SadGurudev saved her and directed her to the holy feet of the Master who kindly gave her **Anang Rati Diksha** and initiated her into this divine **Sadhana**. The girl had passed through virtual hell and thus put in all she had into the Sadhana. And when she returned three months after to meet SadGurudev and thanked him, even I was unable to recognize her.

Fine, she had the same face and same complexion, but an out of the world divine radiance played on her features and her eyes seemed to pull one towards her and strike a conversation. And the way she smiled! SadGurudev was very pleased by the devoted way in which she had perfected the Sadhana. And then she broke the big news. Although she was not from a very rich family, recently a very wealthy businessman had proposed to her on his own accord.

This very Sadhana is being revealed here with blessings of **SadGurudev**. It works wonders for

not just women but for men too. And even those who feel old and listless due to the onslaught of worries and tensions can greatly benefit from it. This Sadhana infuses one with the divine energy of **Kaamdev (the God of love and beauty)** and Rati, (his divine consort) and thus makes one feel youthful, beautiful, confident and energetic. And when there is beauty in one's thoughts, a sparkle in one's eyes, a song on one's lips and the spirit of youth in one's heart, can love be far behind?

Sadhana Procedure:

One needs **Rati Anang Yantra (in form of an amulet) and Rati Anang rosary** for this Sadhana. Get up early on the day of **Vasant Panchami** and have a bath. Wear pure yellow clothes and sit on a yellow mat facing east. Take **a wooden plank** and **cover it** with fresh yellow cloth and draw **a Swastik** with vermilion. Place a picture of revered **Gurudev** and worship Him with **vermilion, rice grains, flowers** etc. Light a ghee lamp and **an incense stick**. Then chant one round of **Guru Mantra** with the **crystal rosary** and **pray to Gurudev for success in Sadhana**.

Take **a copper plate** and place it in front of **Gurudev's picture**. Sprinkle some unbroken rice grains in it and place the yantra over it. Make two marks with vermilion on the yantra. Offer vermilion, saffron and rice grains on the yantra. Next chant 11 rounds of the below mantra with **crystal rosary**.

Mantra

॥ **Om RatiPriyaaye Kaam Devayai Mama Ange Upaange Pravishya Sudarshanaayai Phat** ॥

॥ **ॐ रतिप्रियायै काम देवायै मम अंगे उपांगे प्रविश्य सुदर्शनायै फट्** ॥

Chant one round of Guru Mantra after this. Wear the amulet around your neck for **21 days**. Chant the above mantra **21 times** daily in the morning after taking the bath. Drop yantra and rosary in a river or pond after 21 days and this completes the Sadhana procedure.

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