

19 December

VIVAH PANCHMI



Get Fortunate via Sadhanas of **Purushottam Ram - Janaki**

Lord Ram is the epitome of Indian culture. There is no social field where He has not set standards for an ideal character. He is an incredible unified symbol of moral values, ideology, power, virtues and manly characteristics. He possess an unrivaled charisma. Vedas, Upanishads etc. Have mentioned the various norms of life which can be considered as an ideal behavior. However, if we think in terms of practical implementations of these traits, the first name that appear before us is none other than Lord Ram. The shastras have mentioned that Lord Ram is the manifestation of Dharma **Ramo Vigrahavaan Dharmah.**

In Valmiki Ramayana, Sage Valmiki accepted that there are infinite virtues of Lord Rama, still he listed many of those virtues so that human beings can follow those virtues to attain the most perfect personality. Sage Valmiki

mentioned Lord Ram as Purushottam i.e. the best among men or is a perfect incarnation.

Lord Ram is considered as an ideal son, ideal brother, ideal husband, ideal friend and an ideal king. He is incredible in each and every aspect of his life. His entire life is dedicated towards the value of human beings.

Goddess Sita holds a significance role too in the morality of Lord Ram. In other words, it can be said that She is the prime force behind Lord Ram's virtuous nature. She supported Lord Ram throughout Her life. When Lord Ram was leaving the palace and going into forests for 14 years, She left behind all the luxuries of life and decided to move out with Him. She accompanied Lord Ram during His pains and sufferings. She stayed loyal towards Her husband even after going through a lot of tortures done on Her by Ravana's escorts. She never lost faith in Her

husband even during the toughest hours. She continued to remember Lord Ram throughout Her entire stay at Ashoka Vatika and didn't succumb under the pressure of Ravana.

This is the reason why it is not just Lord Ram but also Mother Sita is considered as an ideal lady and was a perfect match to Lord Ram. It is due to them only that the definition of a proper society was set where not only a woman but also a man remains loyal towards his partner. If we start following the norms set by their example, without any doubt, we can reestablish the golden period called a *Ram Raj* (reign of Lord Ram) again in the society.

Today, *Ram Raj* is just a word and it is very difficult to find people with high moral values.

The reason behind this downfall is our negligence towards the core human values.

Ideal couple - Mother Sita and Lord Ram

There's a narration in Ramcharitmanas about the first discussion between Lord Ram and Mother Sita – *When Lord Ram first talked to Mother Sita after marriage, He promised Her that He will always remain loyal towards Her and no other woman will ever come in His life. Mother Sita promised Him saying She will remain His faithful partner during all the joys and sorrows. Thus they pledged to remain faithful and trustworthy towards one another. This is the reason why they didn't have any misunderstanding between them and ego never came in their relationship.*

In the current world, most of the relationships break just because of self-dominant nature and egos of the couples. No one is willing to do any sort of adjustments in today's world. If we remove this ego, if we remove our pride of supremacy, if we start adjusting towards each other, we can make our life peaceful, successful and happy.

We have become so self-centered that we don't bother about anyone. In the present day couples, there is no such level of compassion that existed between Lord Ram and Mother Sita. Neither can we find a loving relationship between brothers like Lord Ram and Bharat. On one hand where children never used to disobey their parents in this country, today these parents are living their lives in old age homes. Today's generation gives little or almost no respect to their parents which has led the parents think why they endured so much pain to bring up such a child.

In order to bring peace, harmony, love, brotherhood and social bonding, we will have to inculcate the moral values within the society. In order to do so, we need to win over our selfishness, ego, hatred just like Lord Ram won over his enemy, Ravana.



It is very common to find a lot of ladies who don't give value to their husband's opinion yet their expectation from husbands are increasing day in and day out. It is very normal to

see a quarrelsome environment between son-wife-mother in most of the houses. Everyone in the house talks about their authority but none of them is willing to fulfill their responsibility.

This behavior is seen in son, wife as well as in mother equally. If someone has a deep inclination towards fulfilling his or her duties, it is also a fact that such a person sooner or later gets the full authority too. Within a family, there should be no need to struggle for authority and the person should rather focus on fulfilling the responsibilities. The greater the understanding exists between the couple, the sweeter their life becomes.

There are many virtues from the lives of Lord Ram and Sita which should be imbibed in one's life. Doing so ensures more harmony in between the husband and wife making the married life a blessing instead of a curse.

Life and achievements of Lord Ram remained centered towards Navaratri too. During the beginning of the year, as per the Hindu calendar, comes the incarnation day of Lord Ram in the form of Ram Navmi. During the Shardiya Navratri, we celebrate Vijaydashmi to celebrate His victory over Ravana, the evil.

MarghSheersha Shukla Pakshyeeye Vivah panchmi is the anniversary date of Lord Ram. Performing sadhanas and getting initiated with Diksha during this day ensures assimilation of Lord Ram and Goddess Sita's virtues. This enables the Sadhak to win over the poverty, diseases, deceit, mal-practices, etc. existing in the society. Additionally, the Sadhak is able to live a contented life along with his or her life partner.

Provided below are four sadhanas related to Goddess Sita and Lord Ram which should be performed during this time to attain a peaceful and blessed married life.



Assimilating Purushottam Shakti

A life without power is an incomplete life. The Goddess of love and power is considered to be Lord Ram and Goddess Sita who is a form of Goddess Gauri. It is the form of Goddess Gauri which is filled with youth, love and positive aura and without any doubt, love is the essence of life.

The sadhak must sit facing east on any Saturday after taking a bath. Sit on a yellow mat and worship Lord Ganpati and Guru first. Take a copper plate and make a mound with rice grains in it and place *Purushottam Shakti yantra* over the mound. Worship the yantra with vermillion, rice grains, flowers etc. and then chant 5 rounds of below mantra for 5 days.

Mantra

|| Om Gam Purushottamaye Shaktiye Aagachchha Aagachchha
Manoratha Siddhim Praapyarthe Namah ||

॥ ॐ गं पुरुषोत्तमये शक्तिये आगच्छ आगच्छ मनोरथ सिद्धिं प्राप्यर्थे नमः॥

Drop all the sadhana articles in a pious river or pond after the completion of the sadhana.

Sadhana Articles 840/-

Increasing knowledge and power

Lord Ram has the services of Lord Hanuman who is the symbol of power, wisdom and knowledge. Lord Ram is also the eradicator of pains and sufferings and safeguards His worshipers from any misfortunate event. Thus worshipping Lord Ram not only provides good health, knowledge and power but it also creates a safety aura around the sadhak. Sadhak can try this procedure on any Monday. Take a bath early in the morning and sit on a red mat facing east. Place a copper plate and put *Kleem Yantra* and worship it with vermillion, rice grains, flowers etc. Next chant 5 rounds of below mantra using *Mahaveer rosary* for next 3 days.

Mantra

|| Om Ayiem Hum Mama Bala Buddhi Deh Saundarya Hreem Om Phat ||

॥ ॐ ऐं हुं मम बल बुद्धि देह सौन्दर्य ह्रीं ॐ फट्॥

Drop all the sadhana articles in a pious river or pond after the completion of the sadhana.

Sadhana Articles 710/-

Rise of fortune

It is a fact that we get fewer opportunities in life and only those people attain success who are able to latch to that opportunity. However, due to our sins and bad deeds, we are not able to identify such golden opportunities in life and then later on we keep repenting for the missed opportunity. One should perform this Sadhana procedure to overcome such misfortunes of life. Get up early on any Saturday and take a bath. Get into fresh yellow cloth and sit on a yellow mat facing east. Take a copper plate and put it before you. Place **Kaal Shakti Yantra** in it and chant **4 rounds** of below mantra with **Saubhagya Vriddhi rosary** for next **6 days**.

Mantra

|| Om Ayiem Ayiem Shreem Hreem Hreem Sarva Saubhagya
Aagachchha Aagachchha Namah ||

॥ ऊँ ऐं ऐं श्रीं ह्रीं ह्रीं सर्व सौभाग्य आगच्छ आगच्छ नमः ॥

Drop all the sadhana articles in a pious river or pond after the completion of the sadhana.

Sadhana Articles 710/-

Attain sixteen traits of life

Attainment of sixteen traits means attaining all the sixteen virtues that were present in Lord Ram. Attaining traits like patience, tolerance, valor, love, hypnotism, policy, moral values, good behavior and an unquenchable character can help a person emerge victorious in every aspect of life. This Sadhana can be started from any **Monday** morning. Take a bath and get into fresh red clothes. Sit on a red mat facing east. Take a copper plate and put **Shodash Shakti Yantra** in it and chant **5 rounds** of below mantra for with **Shodash rosary** for next **7 days**.

Mantra

|| Om Kleem Hum Shodasha Kalaa Kalaayen Valbhaaya Phat ||

॥ ऊँ क्लीं हुं षोडश कला कलायें वल्लभाय फट् ॥

Drop all the sadhana articles in a pious river or pond after the completion of the sadhana.

Sadhana Articles 750/-

MarghaSheersha month is also called as Purushottam Sadhanatamak month and is also the month when Lord Ram and Mother Sita got reunited. Thus performing sadhanas on the specific days within this month is highly recommended to obtain the most favorable results. Doing so ensures the person is able to get rid of all the negative vibes and envelop oneself with a positive aura of Lord Ram and Goddess Sita.