

Navratri

07<sup>th</sup> Oct to 14<sup>th</sup> Oct Navratri

## O Mother! Bless Me Fearlessness

Ayi GiriNandini NanditMedini Vishwavinodini Nandinute  
 Girivara Vindhya Shiridhinivasini VinshuViaalsini Jishnunute  
 Bhagwati He ShitiKanthaKutumbini BhuriKutumbini Bhurikrite  
 Jai Jai He MahishasurMardani RamyaKapardini Shaiasute

*Oh Mother! The source of joy for the mountain king (Himavan), the gladdener of the Universe, the mystery of the Universe, the one worshipped by Nandin, the one abiding in the Vindhyas which is the best among the mountains, the source of joy for Vishnu, the one saluted by Indra, the one belonging to the family of Shiva, the one having the entire world as the family, the one granting more and more benefits. Oh! The daughter of the mountain, the one sporting beautiful matted locks of hair, victory to Thee, Oh, Goddess, the destroyer of the demon Mahisha.*

Life means **new surprises** each moment and one never knows when a friend would turn into a foe or some person might assume a hostile stance. **And if one wishes to launch a new venture one has to remain ever wary of mischief makers bent on throwing a spanner in the works.** What more it might not even be an obvious **enemy** that one is up against. Posing as a friend could be a Brutus, eagerly waiting for a chance to stab one in the back.

One might well succeed in warding off the attacks coming from expected sources, but many catch one unawares and leave one **struggling** to keep life going on smoothly. Even if one is equipped with a daring spirit, one can possibly take on at most two or three foes at a moment. A series of attack coming from scores of sources instead of proving to be hearty competition could mean loss of precious **time, energy, money and even health and life.**

It would also be sheer naivety to expect such hatred and jealousy to spring up only at one's work place, for even one's home, family or

circle of relatives could turn into a battleground. It is not uncommon to see a brother lust after one's blood, or one's life partner turn into a predator on trivial issues. Things take a plunge for the worst when these very close ones start to opt for low tactics like **black magic, false libel suits and physical attacks.**

Life becomes fraught with **worries, constant fears, ill health and loss of wealth due to such negative influences** in life. In such situations especially when no amount of wise counseling there is no other choice than seeking divine help. Sadhanas alone can help one overcome such persistent foes, for **Vedic rituals** are a wonderful source of **Shakti or divine power** which not just instils physical strength and stamina rather also strengthens one mentally and spiritually.

It's a fact proved by hundreds of scriptures that one equipped with **Mantra power** remains invincible lifelong. And if one has tapped into the infinite **source of Power and Energy, Mother Jagadamba,** then nothing in



the universe could prove a threat to that individual.

All those who are a follower of **Lord Shiva**, they must also worship **Goddess Shakti** as **Lord Shiva** is not different than **Goddess Shakti**. Similarly, a sadhak who wants to appease **Goddess Shakti**, he or she must worship **Lord Shiva** too. A person who is able to appease Goddess Jagadamba in Her entirety is also able to appease Lord Shiva and such a person **gains the power** to win over the three worlds. No **scarcity, problems, tensions** etc. can exist in the life of such a sadhak. Instead of worshipping or performing Sadhanas of several **Gods** and **Goddesses**, if one just performs Sadhana of Goddess Jagadamba, then the sadhak is able to appease all the Gods and Goddesses in life. The reason behind this the fact that Goddess Jagadamba is the unified form of the divine energies that emerged out of these Gods and Goddesses.

This is the reason why the shastras have termed Goddess Jagadamba as epitome of life, the completeness of life. Worshipping other Gods and Goddesses instead of worshipping Goddess Jagadamba is like watering a leaf and expecting the plant to get green. Goddess Jagadamba can be worshiped by **Yogis, Tantriks, householders** and **everyone**. She can be appeased by mantras, chanting hymns, Tantra, procedures of Aghor Panth and Nath Panth and all other Panths. On one hand, where the Sadhanas of other Gods and Goddesses is tough, **the Sadhana of Goddess Jagadamba is simple and can be performed by even a child and is easy to obtain success in it**. One can perform Goddess Jagadamba Sadhana to attain **wealth, knowledge, safety** or any **other thing in life**. It has also been observed that the sadhak starts to get expected results by the time the Sadhana is about to complete.

The following **Jagadamba Sadhana** is an unfailling and fast way of turning foes into friends, removing all **hurdles** on the path of success, banishing all **fears** and **dangers** in life and nullifying the effects of all **evil practices** that might have been initiated by some adversary. **A surge of courage, feeling of security, confidence and faith are gifts of this Sadhana which can help one overcome and defeat all problems in life in whatever form they might appear.**

Try this powerful Sadhana on any day during **Navaratri** early in the morning between **4 am to 6 am**. Have a bath and wear **yellow robes**. Sit on a **yellow mat** facing East or North. Cover a wooden seat with **yellow cloth**. Place picture of **SadGurudev** and offer **rice grains, vermilion, flowers** etc. to Him and then chant one round of Guru Mantra and seek success in Sadhana.

Next, place **MahaaJagadamba Yantra** on a mound of **rice grains** and offer on it **vermilion, red flowers, incense. Light a ghee lamp**. On its left on another mound place **Shakti Khadag**. Also offer some sweet made from gram flour on the yantra. Join the palms and chant this.

**Surva Mangal Maangalye Shive  
Sarvaarth Saadhike,  
Sharannye Trayambake Gouri  
Naaraayanni Namostute.**

**सर्व मंगल मांगल्ये शिवे  
सर्वार्थ साधिके  
शरण्ये त्रयम्बके गौरि  
नारायणि नमोस्तुते।**

Next take some water in the right palm and pledge thus- **“I (name) do this Sadhana for the pacification of all my foes. May Mother Goddess protect me.”** Let the water flow to the ground.

Thereafter stand on the mat, with the Yantra in the right hand. Cover it with the left hand and closing the eyes chant the following Mantra for **15 minutes**.

**Mantra**

**॥ Ayeing Hreeng Kleeng Chaamundaaye  
Vichche ॥**

**॥ ॐ ह्रीं क्लीं चामुण्डायै विच्चे ॥**

After this offer prayers to the Guru. Chant **5 rounds** of **Guru Mantra**. Having completed the Sadhana take the **Shakti Khadag** in the South direction from your house and bury it in some isolated spot. Drop the Yantra in a river or pond. **Sadhana Articles 750/-**