

# Lunar Eclipse

16<sup>th</sup> May



## LUNAR ECLIPSE SADHANAS

The positive effect of a **Mantra Sadhana** increases multifold if it is performed at the right time. It is due to this reason only that various texts associated with **Mantra** and **Tantra** Sadhanas have mentioned the importance of such days and have laid special emphasis on them. **Maharatri (Shiva Ratri)**, **Kroor Ratri (Holi)**, **Moh Ratri (Janamashtmi)** and **Kal Ratri (Diwali)** are few such special days which are unparalleled time to perform any **Sadhana**. Every Yogi, Mantrik and Tantrik understand the importance of such days and eagerly wait for these days to get **success** in their Sadhanas.

Our ancient texts have also highly praised two other times to perform any **Sadhana** and they are the duration of **Solar Eclipse** and **Lunar Eclipse**. Eclipse duration has gained so much importance because there exists a **special positive energy** at that time which increases the success ratio of a **Sadhana** multiple times. **One**

**mantra chanting done during eclipse duration is equivalent to one lakh chanting during any normal day. A single offering into holy fire is equivalent to thousand times the same offering done during any other day.**

A foolish person considers eclipse as an inauspicious time. Our society has made us consider that eclipse is useless and this duration must be avoided and nothing should be done during this time. Due to this reason only, people are afraid to carry out any task during this period. However, it is just a myth and every person must take full advantage of the eclipse duration for the betterment of their life.

**A lunar** eclipse is falling on **16<sup>th</sup> May** this year and every Sadhak must utilize this time to perform Sadhanas. Moon is famous for its beauty and soothing nature. Moon is considered to bestow all the materialistic and household pleasures. Thus, **performing Sadhana during this duration helps one to gain all the**

*materialistic pleasures as well as to gain beauty and health in life.* One can get rid of all the troubles by performing Sadhana during **lunar eclipse**. There is a special aura in our environment that is filled with positive rays and any Sadhak performing **Sadhana** during the eclipse duration absorbs these **positive rays** and can thus fulfill all the **desires**.

It is advisable to fully **utilize** this time to perform **Sadhanas** or to perform mantra chanting, perform holy sacrifice during this time and get rid of all the shortcomings of life. There is no better time than that of eclipse to perform any Sadhana. Even the greatest Tantriks and Mantriks eagerly wait for eclipses because they know about the multifold positive results of performing **Sadhanas** or **mantra** chanting during eclipse. On the other hand, a normal person wastes this time by doing nothing. This is the reason of unhappiness and tensions in the life of normal human beings because first of all they are completely unaware of the importance of such auspicious times and those who know about it, don't utilize it to the best.

Since moon is related to **pleasures and beauty**, one can perform Sadhanas related to household pleasures, **Anang Sadhana, Sadhanas related to marriage, Sadhanas related to beauty, Urvashi Sadhana, Sadhana for mental peace,**

**stomach issue resolution, Sadhanas related to reproductive organs etc.** Apart from this, one can also utilize this time to gain promotion in job, paternal property, **success** in your travel etc. Moon is the owner of **mind, feelings, imaginative power, fame, music, money, prosperity, beauty, sweetness, sharp mind, character** etc. Thus, one can also perform any Sadhana related to these aspects of life and obtain the desired results. There are several Sadhanas related to these aspects of life. However, the issue that arise before us is how we can perform several Sadhanas within a short span of time. If one wishes to attain both attractive personality and wealth, the one has to perform **two Sadhanas**.

Considering the current lifestyle, it is just next to impossible to perform two **Sadhanas** in one day. It is a grace of our ancient sages who recognized that the people in coming ages will be too busy to perform multiple Sadhanas. Thus, they invented some Sadhanas which can be performed to fulfill wishes related to various aspects of life.

Presented below are two small yet highly effective **Sadhanas** which if performed during **lunar eclipse** can bring a major revolution in the life of **a Sadhak**.

## *Fulfilling All Your Wishes*

Our **ancient sages** knew that people taking birth during the **Kaliyuga** will be deprived of **penance power** and thus they created few Sadhanas which were able to touch various aspects of life. These Sadhanas are powerful enough to fulfill multiple desires in a single shot. Presented below is one such **Sadhana** which can fulfill all the desires of a human being and can bring out a great change in sadhak's life.

We all know that there is no limit of desires....someone **wishes** to become great in the field of **music**, someone wishes to become the richest person on earth, someone else wishes to gain the most **attractive personality**, someone wishes to gain confidence

in life, someone wishes to marry the partner of his or her own choice, someone else wishes for name and fame. It is very **natural** for any human being to be full of desires. If a person doesn't have any desire, then there is no difference between that person and animal. However, if a person is unable to fulfill the desires even after the best **efforts, frustration creeps** into the life of such a person.

A solution to such a situation is this **Sadhana**. Here one thing to keep in mind is that the wish should be realistic. If one wish to have his or her own house on Mars, then such a desire is an unrealistic desire. The wish must be the one which you desperately want to get fulfilled, this