

Ashadh Navratri

30th June-8th July



Mother Goddess, Bless Your Child

Gupt or hidden Navratris are as fruitful as any other Navratris. However, most of the people just celebrate two Navratris, Chaitra Navratri and Shardiye Navratri, the other two Navratris, namely Magha Navratri and Ashadh Navratri are often ignored by people and thus they remain void of its advantages. Presented below are three sadhanas related to the Mother Goddess which must be performed by every sadhak to gain greater feats in all aspects of life on the occasion of Gupt Navratris.

Kaam Kala Kali Sadhana

Kali Sadhana is indeed an unrivalled Sadhana. Every **Sadhak** has a keen desire to accomplish this **Sadhana**. Anyone who **successfully** accomplishes this Sadhana can nail down all the **troubles, misery, poverty and illness** from **life**. Also the person becomes capable enough to lead a life of **all the comforts, luxuries, and harmony**. This Sadhana is equally beneficial for both **ascetics** and **householders**.

It is mentioned in the shastras that –

***Kalo Kali Kalo Kali Kalo Kali Tu Kevala
Kalo Kali Kalo Kali Kalo Kali Tu Siddhida***

In the Kaliyuga, it is only **Kali Mahavidhya Sadhana** which gives its results quickly and is a quick appeasing **Goddess**. The name of this Sadhana is self-explanatory and explains the positive outcomes which this Sadhana brings into the life of the Sadhak. The word **Kaam** means fulfillment of all the **desires**, word **Kala** means getting all the pleasures of life

and word **Kali** means freedom from all the **troubles** and becoming **powerful in life**.

Thus, this Kaam Kala Kali Vidhya is capable of fulfilling all the desires of a Sadhak whether they are small or big. There are numerous forms of **Goddess Kali** but the most prominent forms which are favorable for the sadhak are **“BhadraKali”, “ShamshaanKali”, “MahaKali”, “KaamKalaKali”, “DakshinKali”** etc.

Mahakali Sadhana is considered to be acrid, which is only half truth. Her Sadhana can be performed in both acrid as well as in gentle form.

Sadhana Procedure:

One needs **KaamKalaKali Yantra** and **Durgati Vinaashak KaamKalaa** rosary for this Sadhana. Have a bath early in the morning on **30th June**, wear white cloths. Sit on a white mat

facing south. Take a **wooden plank** and cover it with a white cloth. Place a picture of Gurudev and worship Him with **vermillion, rice grains, flower** etc. Light an incense stick and an oil lamp. Chant one round of Guru Mantra and seek His blessings for the success in **Sadhana**. Now place **KaamKalaKali Yantra** in front of Gurudev's picture and worship it with rice, flowers, vermillion and pledge taking water in your right hand.

Viniyog:

*Asya Shree KaamKalaKali Mantrasya
Mahakaal Rishi,*

*Brihti Chandah KaamKalaKali Devta,
Kleem Beejam Hoom Shaktih,
Sarvaarthasiddhye Jape Viniyogah*
(leave the water on the ground).

Meditate:

*Shavaroordhaam MahaBheemaam
Ghoordanstraam Hasanmukheem,
Chaturbhujam
Khadagmundbaraabhayakaraam Shivaam,
Mundamaladharaam Devim Lalajivhaam
Digambreem,*

*Avem Dhyaayeta KaamKaaleem
Shamshaanaalaya Vaasineem*

Now worship the major powers of **Goddess Kali**. Make nine dots using vermillion on the four corners of the **Yantra** chanting the following mantra:

Mama Om Jayaayai Namah. Om Vijayaajai Namah. Om Ajitayei Namah.

Om Aparajitayei Namah. Om Nityayei Namah. Om Vilaasinyei Namah.

Om Dogdhryei Namah. Om Aghoraayei Namah. Om Mangalaye Namah.

Poornaaya Kalikaayei Namah.

After this chant 5 rounds of the following mantra using **Durgati Vinaashak KaamKalaa** rosary.

Mantra

**|| Kleem Kreem Hum Krom
KaamKalaaKaali Phat Swaaha ||**

|| क्लीं क्रीं हुं क्रों

कामकलाकालीफट् स्वाहा ||

Repeat the process for next 2 days (total 3 days). Drop all the articles in a river after the **Sadhana**. **Sadhana Articles ₹770**

Gauri Lakshmi Matangi Sadhana

The power that drives this complete **universe** is none other than **Bhagwati Matangi**. Being the **wife of Lord Shiva**, who is also known as **Matang**, the Goddess is also called **Matangi**, meaning wife of Matang. Obtaining Goddess Bhagwati Matangi's Sadhana in the form of **Gauri Lakshmi** is a sign of good luck and prosperity in life. Vishwamitra has said that, **"All the powers of rest nine Mahavidhyas are included into Matangi. If a person just performs Matangi Sadhana and don't do any other Sadhana, still he can achieve all his goals in life."** Due to this reason only, Matangi Sadhana is considered as the eternal source of this Universe.

*Matangi Mewatwam Poorna, Matangi
Poornatwa Ucchate*

This means that **Matangi Sadhana** is the only Sadhana which can fulfill all the wishes. This **Sadhana** is a boon to fulfill all the phases of **a human life**. Accomplishing this Sadhana one attain fulfillment in both the phases. This Sadhana is especially performed to get all the worldly pleasures in life. This **Sadhana** is well known to bless its Sadhak with all the household pleasures. Accomplishing this, relationship

between **husband** and **wife** becomes sweet, his relationship with his relatives becomes better. He gets all the worldly pleasures like **son, daughter, good health, fame** etc. which are considered as essential parts of **a successful householder**.

This Sadhana is basically performed to become **beautiful, joyous** and **obtaining hypnotic powers in life**. The Sadhak becomes noticeably beautiful and everyone gets attracted towards him. He gets all the material pleasures in life. **Health, age, money, house, vehicles** and everything else is bestowed by Goddess Matangi to her accomplished Sadhak.

Sadhana Procedure:

One needs **Ras Saundarya Praneet Matangi Yantra** and **Sarva Sammohaka Matangi rosary** for this procedure. Have a bath early in the morning on **3rd July**, wear yellow clothes and sit on a yellow mat facing south. Next worship **Ganpati** and **Guru** following the procedure mentioned in **"Dainik Sadhana Vidhi"**. Now take the Yantra and bathe it with water. Now wipe clean the **Yantra** and put it in a copper plate. Worship the Yantra with vermillion and light lamp and incense stick.

Now join both hands and pray to the Goddess

*Shyaamaangi Shashishekharaam
trinayanaam ratna sinhaasan,
Sthitataam Vedairbaahu Dandairsikhetaka
Paashaamkushaa,
Dhraam Nanaratnaa Vibhushitaam
Trijagataam Dhaatreem Sphur,
Loochnaam Vande Sunder
Padmapaadayugalaam Maatangi*

Now chant 5 rounds of the below mantra with *Sarva Sammohaka Matangi* rosary.

Mantra

॥ *Om Hreem Kleem Hum Gauri Laxmi
Maatangye Hreem Hum Purna Purna
Sthapyaami Phat Namaha* ॥

॥ *ॐ ह्रीं क्लीं हुं गौरी लक्ष्मी मातंगये ह्रीं
हुं पूर्ण पूर्ण स्थाप्यामि फट् नमः* ॥

Perform **Guru aarti** and **Shiva Aarti** after the completion of the Sadhana. Continue the process for next two days. Drop all the Sadhana articles in **a river** the next day. Goddess Gauri Lakshmi blesses Her Sadhaks and the person for sure enjoys all the worldly pleasures.

Sadhana Article ₹730

Tripur Sundari Sadhana

The **successful Sadhaks** are the one who take right decision at the right time. They are blessed who perform important Sadhanas in their life and emerge **successful**. This **Sadhana** is considered to be the one which fulfills all the desires. **Goddess Tripur Sundari** is the power of **Lord Shiva**. A person is blessed with all the powers who **successfully** accomplishes the **Sadhana** of **Goddess Tripur Sundari**. This power is capable of taking the mind, knowledge and efforts of anyone to perfection. The great saints have praised this Sadhana a lot.

Tripur Sundari Sadhana is also **the Shree Vidhya Sadhana**. It is mentioned in the shastras that a person who performs this Sadhana with full concentration gets free from physical and mental **illness** and gets free of all **the fears**. He lives **a life full of joy, wealth, fame, worldly pleasures and bliss**.

Sadhana Procedure

This Sadhana can be performed on any day from **6th to 8th July** and is a single day Sadhana. Important articles in this Sadhana are **Tripur Sundari Mahayantra, Navdurga Tribhuvan Mohani Rosary and Kalpavriksh Saaphalya Phal**. Other articles are mat, tumbler, mauli, water of river Ganga, plate, vermilion, rice, flowers, flower garland, **panchaamrit** (mixture of milk, curd, ghee, jaggery and honey), lamp, sweets, cardamom etc.

Have a bath early in the morning and wear fresh yellow cloths. Take **a wooden plank** and cover it with a yellow cloth. Place a picture of **Gurudev** and worship Him with **vermilion, rice grains, flower** etc. Light an incense stick and a ghee lamp. Chant one round of Guru

Mantra and seek His blessings for the **success** in Sadhana. Next take a plate and put it before Gurudev's picture. Create a **Swastik** in the center with vermilion and put **Tripur Sundari Mahayantra** over it. Now drop some flowers around the Yantra dedicating them to the various powers of Goddess namely, **Gyaan, Kriya, Kamini, Kaamdaayini, Rati, Ratipriya, Nanda, Manomaalini, Iccha, Shubhaga, Bhaga, Bhagsarpini, Bhagmaalya, Anang Nagaya, Anangmekhala and Anang Madana**.

Next step is to pray to Goddess to nullify all the **negativity** and banish the misfortunes from the life. Place **Kalpavriksh Saaphalya Phal** on the center of the Yantra praying the Goddess for her blessings. Now offer all the other articles on the Yantra one by one. Once done, again meditate on the form of the Goddess and Guru. Now take Kalpavriksha Saphalya Phal in your left hand and enclose it within your palm. Now start chanting the following mantra with **Navdurga Tribhuvan Mohani rosary** and perform 16 rounds of it.

Mantra

॥ *Shreem Hreem Kleem Hoom Aim Mam
Tirpur Sundriye Hreem Shreem Saubhagya
Anang Om Namaha* ॥

॥ *श्रीं ह्रीं क्लीं हुं ऐं मम् त्रिपुर सुन्दरीये ह्रीं
श्रीं सौभाग्य अनंग ॐ नमः* ॥

Now rotate the **KalpaVriksha Phal** around your head **16 times** to assimilate all the powers. Place the KalpaVriksha Phal, Yantra and rosary in your worship place or drop it in river or pond.

Sadhana Article ₹790